

#### 5 TIPS TO GROW YOUR FITNESS BUSINESS



# GYM OWNERS, PERSONAL TRAINERS, BOOTCAMP OWNERS & FITPROS...

- If you want to grow your business you need to charge an amount that works
- When we first started we played around with pricing and went with £50 a month membership
- When we look back, we're literally pulling our hair out
- Get The Price Right
- Hire Some Help
- Spread The Cost
- Know Your Cost Per Lead & Sale
- Operations Manual

But first, let me introduce myself...



# WHO IS DAVID KYLE?

# Before we dive into the main reason you decided to download this guide, I wanted to give you a little bit of confidence that what I am writing about in this eBook works

Just like you, I have my own Fitness Business, DKnine Fitness, we have 5 fulltime staff, and run both Small Group & Large Group sessions

As well as the gym, we also own FitPro Lead Generation, where we help FitPros around the world generate a consistent flow of daily leads for their fitness business, with paid advertising, organic marketing & many other forms of digital marketing.

Feel free to come and add me on Facebook or drop me a message with any questions you have.

David :)





# **ALMOST THERE...**

# There are 2 more things I wanted to mention before we get started with this eBook

The first is the FREE FitPro Facebook group we have, which currently has over 1200 members.

In here, we share the latest and most up to date content when it comes to Facebook Advertising, Social Media, Web Design & Digital marketing as a whole. Including, what is working for us at DKnine Fitness and what we have seen work for our Facebook Ads clients all around the world.

Simply click the link below to join.

**Finally**, you are going to get a number of emails from me over the next few days...

I put a FREE 7 part lead generation course together during lockdown in 2020, and have tagged them onto this eBook, to give you an even greater insight when it comes to lead generation for your fitness business.

Be sure to keep an eye out for those videos :)

### Join The FREE Group



# 5 TIPS TO GROW YOUR FITNESS BUSINESS



# **1: GET THE PRICE RIGHT**

If you want to grow your business you need to charge an amount that works

When we first started we played around with pricing and went with £50 a month membership

When we look back, we're literally pulling our hair out It stopped us from moving forward This is what held us back

You don't have to charge massive amounts But charge a price you're happy with



# 2: HIRE SOME HELP

If you love coaching, hire someone to do admin & sales

If you prefer the business side of things, hire someone to do the coaching

Hire fast but also make sure they are the right fit for your fitness business We want our staff to bring the business up, not drag it down



# **3: SPREAD THE COST**

This is one we've done loads of times

Equipment can be expensive...VERY expensive

But if you look most companies offer interest-free periods

Usually 12 months in length There's nothing worse then loads of equipment setting you back

So, look out for these offers And spread the cost over 12 months... interest-free!





### 4: KNOW YOUR COST PER LEAD & SALE

Because if your front end programme is £100 and it costs you £150 to bring them in

You know this is – £50

So we need to make sure you're making some sort of profit, or at least breaking even If that client goes on to stay for 12 months then it was worth it

If they leave after 6 weeks...then it's not! So bear this in mind! And make sure you're considering those cost per leads and cost per sales





# **5: OPERATIONS MANUAL**

This is key Have an operations manual

What to do, step by step inside your fitness business

So you can step away, and the business can still run without you Literally, every single aspect of your business

So – get typing!



### DID YOU ENJOY READING THIS FREE GUIDE...

### Then let me introduce The FitPro Portal...

Here is Nicole Renee owner of Empower Fitness – Mystic CT a ladies only facility in Mystic, Connecticut giving her review of The FitPro Portal.

Nicole joined The FitPro Portal as she was just about to open her first studio, with the aim of generating leads, making sales & growing her fitness business.

> One year on, Nicole has grown her studio to just over 60 clients.

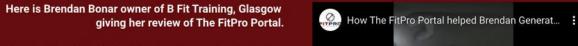




Here is Simon Evans owner of C&S Fitness, Bridgwater giving her review of The FitPro Portal.

Simon joined The FitPro Portal having just opened his first studio, he now has 2 bustling studio with over 200 clients.

In 1 Year, Simon Has Gone From 130 Clients To 210



Brendan joined The FitPro Portal with zero Facebook Ads experience, he has since been able to follow the ad set up vidoes & use the copy to generate leads.

Brendan Generate 3 x £169 Sales This Week, Off A £15 Ad Spend

Get 50% Off Your First Month By Using This Code On The Checkout Page: TRIAL 50



# DESIGNED TO GIVE YOU A ROCK SOLID LEAD GENERATION PLAN FOR YOUR FITNESS BUSINESS

We Start By Setting Up Your Fitness Business Lead Gen Eco System - A Simple System That Will Take Your Admin Less Than 10 Minutes Each Day To Manage, That Delivers Leads Each & Every Day

✓ 3 Level Facebook Ads Course - Designed to take you from Novice to Master with step by step training on how to initially set up and how to maximise your ad spend for the best ROI for business growth

✓ Done For You Facebook Ads Copy - No more guessing or struggling with what to write, these Ad Copies have been tried and tested to deliver high-quality leads

Monthly Social Media Calendar - Done for you, ready to go Social Media & Images templates that are designed to spark engagement & deliver you leads

Plus so much more...

# START YOUR 30 DAY TRIAL

Get 50% Off Your First Month By Using This Code On The Checkout Page:



# HERE ARE A FEW SUCCESS STORIES & RESULTS SO FAR FROM THE FITPRO PORTAL...



#### Woke up to 7 this morning

Thanks for the kick up the bum David, it was just what I needed. After our call I put up the add you suggested. The responce was slow in the 1st 24hours but after 48 hours I have 7 leads at the grand total of about 1 pound each! Now to chase them up

Happy for you to use this as a testimonial type thing You've just killed me off with that 'send a quick email' thingy! I've just had 56 replies in about 6 minutes how the hell am I going to respond to those now...some of them current members but I've landed 14 new convos with prospect clients, cheers

**0**+

2 🖸 🔁

buddy 😂





Tom Byrom ► The Portal - FitPro Web Design 8 mins · 💽

Used the fit dad copy on the portal, asked for 10 dads and got 10 leads. (Busy day chasing them and converting them tomorrow) ... but from a £20 ad spend I can get a potential of £600 return. First time using ads as well! I'm more than happy with that.

**Brendan Bonar** Honestly, I signed up with the portal for the £1 for 7 days no problem there. I use just one of Davids posts for a Facebook ad that gained me 4 new clients at £175 PM EACH! With 3 more looking to start next week  $\checkmark$ 

It's a no brainier 🦪

 $Like \cdot Reply \cdot 41m \cdot Edited$ 

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# HERE ARE A FEW SUCCESS STORIES & RESULTS SO FAR FROM THE FITPRO PORTAL...



I've had 4 enquiries in the last 8 hours after I posted a slightly tweaked version of your ad copy! If I convert just 1 of these, that will have paid for the social media management I opted for last



night 🙏



Lee G PT ▶ The Portal - FitPro Web Design 7 mins · 團

Quick share this morning 3 simple ads off the portal. No lead page funnel just fb lead ad with a Google form attached. Just over 100quid spent so far on ads. 6 Signs to my 6week program at £250 a time so far =

6 Signs to my 6week program at £250 a time so far = 1250 Profit of 1150.

There's 21 leads just from the ads but from messages and the comments feed it say closer to 30. P.s I've found adding my number to the thank you page on fb lead ad with a simple can't wait to opt in then text lee straight away on .....

No even got hold of half the leads yet either. Most sign ups come from people commenting on the post then me messaging them direct or by sending a email with the offer then a call to sign up

I'm looking to get 50 members in my group by end of June .

Started on 39 on 31st may. I think I'll hit the 50th member by this weekend

I need a admin and sales caller

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# HERE ARE A FEW SUCCESS STORIES & RESULTS SO FAR FROM THE FITPRO PORTAL...



#### Dean Chambers 🖤

Thanks for the warm welcome. I know this KLT stuff really works. I've been digesting your emails and content **David Kyle** for at least a year and now here I am, on my way to conduct a group class at 5:50am and I haven't been this motivated to crack on with a course for some time. Looking forward to working with you all.

02

1h Love Reply

#### 9:03 PM

So, ad has been up since 22nd, when I left for FL. I made 1350. so that is 6 sales. 5 challenges, 1 regular member. ad spent 37.50



Yes. I linked it up to zapier as well to get a text as well.

Thanks David, everything is great just so busy with buying a house and keeping on top of biz.

Portal is ace man I just wish I had more time to watch everything and implement everything- great resource for fit pros 200



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