

#### 5 TIPS TO HELP YOU SMASH YOUR GOALS

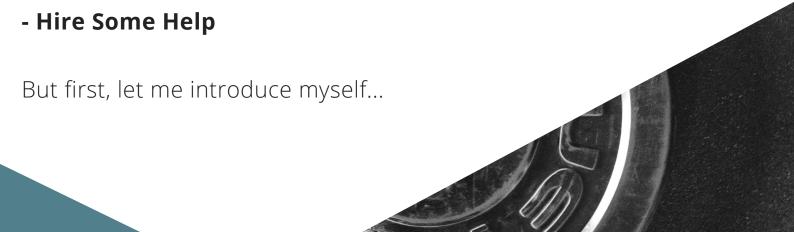


### GYM OWNERS, PERSONAL TRAINERS, BOOTCAMP OWNERS & FITPROS...

This week is all about setting massive goals and smashing them Yesterday, Ben shared his experiences starting, building and achieving his goals in both of his businesses

Today, we've got 5 things coming your way to help you smash your goals

- Before you start pushing the boundaries you need to consider 3 things
- Review Points
- Take A Break
- Set Benchmarks





#### WHO IS DAVID KYLE?

Before we dive into the main reason you decided to download this guide, I wanted to give you a little bit of confidence that what I am writing about in this eBook works

Just like you, I have my own Fitness Business, DKnine Fitness, we have 5 full-time staff, and run both Small Group & Large Group sessions

As well as the gym, we also own FitPro Lead Generation, where we help FitPros around the world generate a consistent flow of daily leads for their fitness business, with paid advertising, organic marketing & many other forms of digital marketing.

Feel free to come and add me on Facebook or drop me a message with any questions you have.

David:)



#### Add David on Facebook





#### **ALMOST THERE...**

### There are 2 more things I wanted to mention before we get started with this eBook

The first is the FREE FitPro Facebook group we have, which currently has over 1200 members.

In here, we share the latest and most up to date content when it comes to Facebook Advertising, Social Media, Web Design & Digital marketing as a whole. Including, what is working for us at DKnine Fitness and what we have seen work for our Facebook Ads clients all around the world.

Simply click the link below to join.

**Finally**, you are going to get a number of emails from me over the next few days...

I put a FREE 7 part lead generation course together during lockdown in 2020, and have tagged them onto this eBook, to give you an even greater insight when it comes to lead generation for your fitness business.







### 1: BEFORE YOU START PUSHING THE BOUNDARIES YOU NEED TO CONSIDER 3 THINGS

You need to love it – if you aren't in love with it, you will struggle

You need to desire it – you have to really really want this

You need to be passionate – you need to wake up excited, go to sleep excited, because hard days will come





#### 2: REVIEW POINTS

It can be quarterly, every 6 months, depending on how big your target is Our target to open the new studio was 1 year

We took a couple of months to find the studio

We're waiting another couple of months to open the studio

And then we need to find the staff These are things we will tick off quarterly

Set regular review points and make sure you get there slowly & steadily





#### 3: TAKE A BREAK

Your goal is long-term, but the desire, the love, the passion you have sometimes needs to be sparked back to life

So make sure you have some time off Go away, turn your electronics off Relax

Because when you get back you will feel 10x more passionate about your goals





#### **4: SET BENCHMARKS**

If your target is to build the studio up to 300 clients

And you think it will take 1 year maybe 18 months

Reward yourself at every 100 clients

You need to re-motivate yourself, keep you on track





#### 5: HIRE SOME HELP

It's a big target and you need someone to hold you accountable

Things can pop up, things can become stuck

For us, we hunted for ages for a second studio

But it wasn't until we got someone to start looking for us, they found us the perfect one

Hire a coach, get the help, the guidance and keep moving forwards





### DID YOU ENJOY READING THIS FREE GUIDE...

#### Then let me introduce The FitPro Portal...

Here is Nicole Renee owner of Empower Fitness – Mystic CT a ladies only facility in Mystic, Connecticut giving her review of The FitPro Portal.

Nicole joined The FitPro Portal as she was just about to open her first studio, with the aim of generating leads, making sales & growing her fitness business.

One year on, Nicole has grown her studio to just over 60 clients.



Here is Simon Evans owner of C&S Fitness, Bridgwater giving her review of The FitPro Portal.

Simon joined The FitPro Portal having just opened his first studio, he now has 2 bustling studio with over 200

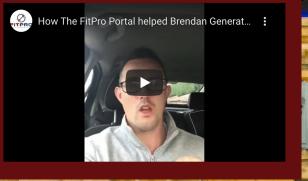
In 1 Year, Simon Has Gone From 130 Clients To 210



Here is Brendan Bonar owner of B Fit Training, Glasgow giving her review of The FitPro Portal.

Brendan joined The FitPro Portal with zero Facebook Ads experience, he has since been able to follow the ad set up vidoes & use the copy to generate leads.

Brendan Generate 3 x £169 Sales This Week, Off A £15 Ad Spend







# DESIGNED TO GIVE YOU A ROCK SOLID LEAD GENERATION PLAN FOR YOUR FITNESS BUSINESS

✓ We Start By Setting Up Your Fitness Business Lead Gen
Eco System - A Simple System That Will Take Your Admin Less
Than 10 Minutes Each Day To Manage, That Delivers Leads Each
& Every Day

✓ 3 Level Facebook Ads Course - Designed to take you from Novice to Master with step by step training on how to initially set up and how to maximise your ad spend for the best ROI for business growth

✓ Done For You Facebook Ads Copy - No more guessing or struggling with what to write, these Ad Copies have been tried and tested to deliver high-quality leads

✓ Monthly Social Media Calendar - Done for you, ready to go Social Media & Images templates that are designed to spark engagement & deliver you leads

Plus so much more...



Get 50% Off Your First Month By Using This Code On The Checkout Page:



# HERE ARE A FEW SUCCESS STORIES & RESULTS SO FAR FROM THE FITPRO PORTAL...



You've just killed me off with that 'send a quick email' thingy! I've just had 56 replies in about 6 minutes how the hell am I going to respond to those now...some of them current members but I've landed 14 new convos with prospect clients, cheers buddy



Tom Byrom ► The Portal - FitPro Web Design

8 mins · 🗔

Used the fit dad copy on the portal, asked for 10 dads and got 10 leads. (Busy day chasing them and converting them tomorrow) ... but from a £20 ad spend I can get a potential of £600 return. First time using ads as well! I'm more than happy with that.



Brendan Bonar Honestly, I signed up with the portal for the £1 for 7 days no problem there. I use just one of Davids posts for a Facebook ad that gained me 4 new clients at £175 PM EACH! With 3 more looking to start next week

It's a no brainier 🦪

Like · Reply · 41m · Edited



0+

#### **START YOUR 30 DAY TRIAL**

Get 50% Off Your First Month By Using This Code On The Checkout Page:



# HERE ARE A FEW SUCCESS STORIES & RESULTS SO FAR FROM THE FITPRO PORTAL...



I've had 4 enquiries in the last 8 hours after I posted a slightly tweaked version of your ad copy! If I convert just 1 of these, that will have paid for the social media management I opted for last night



Lee G PT ► The Portal - FitPro Web Design

7 mins · 🎛

Quick share this morning 3 simple ads off the portal.

No lead page funnel just fb lead ad with a Google form attached.

Just over 100quid spent so far on ads.

6 Signs to my 6week program at £250 a time so far = 1250

Profit of 1150.

There's 21 leads just from the ads but from messages and the comments feed it say closer to 30. P.s I've found adding my number to the thank you page on fb lead ad with a simple can't wait to opt in

No even got hold of half the leads yet either. Most sign ups come from people commenting on the post

then me messaging them direct or by sending a email

with the offer then a call to sign up.

I'm looking to get 50 members in my group by end of June .

Started on 39 on 31st may. I think I'll hit the 50th member by this weekend

I need a admin and sales caller

#### **START YOUR 30 DAY TRIAL**



#### HERE ARE A FEW SUCCESS STORIES & RESULTS SO FAR FROM THE FITPRO PORTAL...



#### Dean Chambers #

Thanks for the warm welcome. I know this KLT stuff really works. I've been digesting your emails and content David Kyle for at least a year and now here I am, on my way to conduct a group class at 5:50am and I haven't been this motivated to crack on with a course for some time. Looking forward to working with you all.

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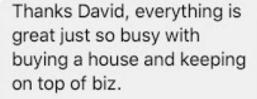
1h Love Reply



So, ad has been up since 22nd, when I left for FL. I made 1350, so that is 6 sales. 5 challenges, 1 regular member, ad spent 37.50

> From one of The FitPro Portal ads?

Yes. I linked it up to zapier as well to get a text as well.



Portal is ace man I just wish I had more time to watch everything and implement everything- great resource







**START YOUR 30 DAY TRIAL**